
Turkey Benedict



Use a toasted English Muffin or Bagel- Equivalent to your ratios.

2 oz turkey lunch meat

Sliced avocados

Eggs (your ratios)

Little cheese for garnish

While poaching your eggs, toast muffin or bagel.

To assemble: Layer muffin with turkey, avocado and top with poached egg. Garnish with a little cheese.

Chefie F Notes: Check ratios when eating eggs and avocados. You may need to use avocados as garnish only!